

A Cry of Pain in the Middle of the Night

I wake
in the middle of the night
from a bad dream

my toes buckle
and my calf tightens

goddamn charley-horse

not enough calcium
they tell me

so I take sea salt pills
and they taste like licking
the belly of a lobster

I punch at my leg
until the muscle relaxes
and I fall back onto my pillow...

there's not much I can do anymore

she is gone and she is not coming back

I take a sip of water from my bedside
and wish I was back in the nightmare-

a nun on the corner shouts at me as I pass
"God saves! God saves!"

not from this pain
he doesn't

we use to lay in bed
and she'd play with my balls
holding them in her palm like
like mangos

and she said to me
"We'll be together forever."

...she lied.